

*Fathers of the 4<sup>th</sup>  
Ecumenical Council*

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*Titus 3:8-15  
Matthew 5:14-19*

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*Homily by  
Dn. Joseph Ray*

*Epistle Reader:  
Jerry Finkler*

*Coffee Hour Hosts:  
B & D Dunaway /  
Alvarez / N. Kelley*

# *St. John Orthodox Cathedral*

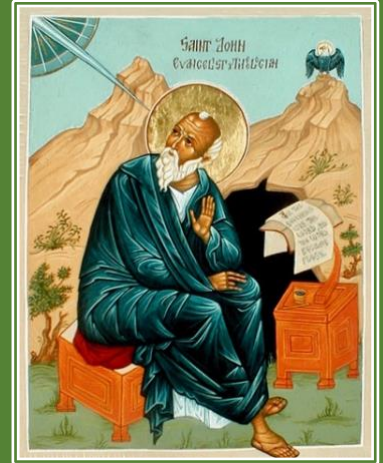
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## *Weekly Bulletin*

*Sunday, July 13, 2025*

### *And the Days Following*

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*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

## *Parish Events and News*

### **Register Online for Eagle River Institute Meals and Childcare PLEASE REGISTER THIS WEEK**

Please visit the Eagle River Institute website to register for this year's Institute:

<https://eagleriverinstitute.org/summer-session/register>.

This is essential for us to plan childcare and meals between sessions.



### **Bishop John to Visit Eagle River September 12-14**

At the request of our Bishop Anthony, Bishop John, Antiochian Bishop for New England, will visit Alaska in September. He will be at our Cathedral September 12-14. You can read more about Bishop John on the Archdiocese website: [Antiochian Orthodox Christian Archdiocese of North America](https://www.orthodoxchristianity.org/antiochian-orthodox-christian-archdiocese-of-north-america). We look forward to this visit and will announce schedule details later.



## *Coffee Hour This Sunday - July 13, 2025 Group B - Second Sunday of the Month*

**Hosts Families: B & D Dunaway / S. Alvarez / N. Kelley**

Snacks: Agnew, Alvarez, Betson, Cain, Davisson, Drennan, B & D Dunaway, J & B Dunaway, Finkler, Grasse, Hoyt, Ihde, Keener, Klatt, Komar, Lineer, Lowry, Moffatt, Peters, Ray, Schlicting, Sturdevant, Villafana

*Next Sunday - Group C - July 20, 2025 Hosts: Saur / Labrecque / Jenkins / Mee*

*Snacks: Arnold, Curry, Dunham, Fisher, Greene, Hanna, Hawi, Hunter, E & H Johnson, Kelly, Kendall, Labrecque, Medders, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Temple Families, Wasile*

## **Ms. Wheelchair USA Pageant Party - Saturday, July 19 at 3:30pm At the St. James House - Bring Snack to Share**

Elisa Benson, with the help of the Lindblom's, are throwing a Ms. Wheelchair USA Pageant Party! The Pageant will be showing on Friday, July 18 & Saturday, July 19, 3:30-6pm Alaska Time. It can also be watched via Live U Tube and Facebook. The party will be on Saturday the 19th for the entirety of the show at the St. James House. All are welcome and please bring a snack to share. Elisa will have supportive bracelets and pins for anyone who would like to wear them. Preliminaries on the Friday show have some important interview questions and speeches to watch on your own. Please support your Sisters of Mary and Martha president, Katy Arvidson! And don't forget to register votes for her! Any questions, please private text Elisa Betson, Sisters of Mary and Martha, Vice President at (907) 863-0377.



**Farewell Blessing for Lily  
Cowan  
She Has Moved to Bloomington, IN**

**New Catechumen  
Andrew Marcus**



## **Missing Storage Tote**

A storage tote to hold coffee hour supplies has gone missing from the church kitchen. It was in the cupboard space beneath the coffee maker. Please let Jennifer Gillquist known where it is and/or return it soon. Thank you.

## *News From Our Antiochian Archdiocese*

### **Relief Fund for Victims of Bombing Saint Elias Church in Damascus**

The following letter from Metropolitan Saba includes a link to donate financial assistance to the victims of this terrible attack. Our Cathedral, on behalf of all our parishioners, donated \$500 this week to this fund.

His Eminence  
The Most Reverend  
Metropolitan SABA



Archbishop of New York  
and Metropolitan of  
All North America

#### **ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA**

Prot. no.: 344/2025

July 1, 2025

Beloved in Christ,

I pray you had a blessed celebration of the patrons and protectors of our Holy See of Antioch, Saints Peter and Paul. Our group of pilgrims was blessed to celebrate this important occasion in our spiritual home this year at the Patriarchal Monastery of Balamand, Lebanon.

Since the terrorist bombing of our Prophet Elias Church in Dweilaa, Damascus, Syria a week ago, we have received many inquiries from people and organizations asking how they can help the survivors and the families of those who lost their lives.

We have set up a special charitable account at the Archdiocese Headquarters for this purpose. All the proceeds will be forwarded to His Beatitude Patriarch John X for distribution to the survivors and families. Needless to say, after this traumatic and life-changing event, they need counseling, medical help and the basic necessities of life as they will not be able to function for some time.

In many cases, the families who lost their loved ones lost their main financial providers. Others will need long-term financial support as they have sustained the loss of bodily parts, making them permanent dependents unable to work to sustain their families.

Here is how you can donate to help the survivors and surviving family members:

- Online through the "[2025 Prophet Elias Church of Damascus, Syria Relief Fund](#)."
- By check, either personally or through your parish that will, in turn, send the collected funds to the Archdiocese Headquarters, P.O. Box 5238, Englewood, NJ 07631-5238. Make checks payable to the Antiochian Archdiocese with "Prophet Elias Church Relief Fund" in the memo.

Thank you for helping to alleviate the suffering of our brothers and sisters in Christ. Wishing you God's every blessing, I remain,

Your Father in Christ,

A handwritten signature in blue ink, appearing to read 'T. Saba'.

+SABA

Archbishop of New York and Metropolitan of all North America

*"The disciples were first called Christians in Antioch" (Acts 11: 26)*

358 Mountain Road, P.O. Box 5238, Englewood, NJ 07631-5238  
(201) 871-1355 T Archdiocese@antiochian.org (201) 871-7954 F

## Notes and Pictures from Parishioners

### "Checking In" with Each Other

Is there something you'd like to share? Please email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

### Anyone Going to Spruce Island Pilgrimage?

"I'm interested in going on the Spruce Island pilgrimage in August and want to connect with others who are going. Please text or call me if you plan to go. Thanks!" — Nicole Unser 509-362-1685

## Dates to Remember

### Birthdays This Week

July 13 - Olga Wasile

July 15 - Nelly Doss

July 17 - Jan Northey

July 18 - Amy Jenkins

July 20 - Dn. Pat Lamb

*M A N Y   Y E A R S !*



### Remembering in Prayer...

*Oksana Artz*

*Sylvia Villafana*

*Helen Gillquist*

*We continue to pray for all those suffering in Ukraine  
and for all those suffering in Israel and Gaza, for a quick end to  
war and for peace*

### Remembering Those Who Have Fallen Asleep This Month



\* Presbyter Daniel Arthur Ryan - July 7, 1984

\* Theodore Max Wells - July 14, 2009

\* Marlene Faye Dyal - July 24, 2005

\* Robert (Nicholas) Guio - July 27, 2024

*M E M O R Y   E T E R N A L !*

### Clare House Meal - 4th Saturday of Each Month

For the Month of **JULY** – our scheduled meal that we provide Clare House is:  
**Saturday, 26.** Contact Cara Fletes to see how you can help.





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## THE SYNAXARION

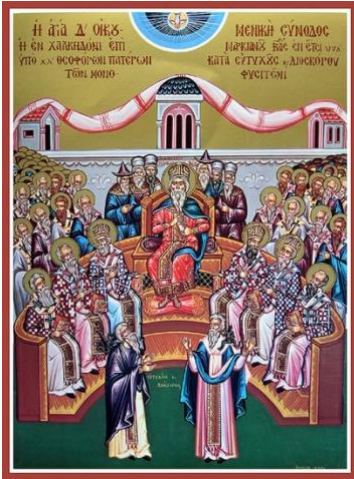
### Fathers of the 4<sup>th</sup> Ecumenical Council - July 13-19

On July 13, in the Holy Orthodox Church, we celebrate the Synaxis of the Archangel Gabriel and all of his appearances and miracles. We commemorate the Venerable Stephen of Mar Sabbas monastery and Heliophotos; and Martyr Golinduch of Persia.

On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites.

#### Verses

*Shunning opposite errors like the sea monsters Scylla and Charybdis,  
The Fathers steer the Church on a straight course to safety.*



The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The heretics considered His human nature less perfect, and His divine nature more perfect. This false teaching arose that Christ's human nature dissolved itself in His divine nature: like a cube of sugar in a cup of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. This Monophysitism overemphasized the divine nature of Christ, at the expense of the human nature. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two full and complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any mingling or change.

By the intercessions of Your Saints, O Christ God, have mercy upon us. Amen.

#### Bulletin Announcement Guidelines

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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#### Saint John Orthodox Cathedral

P.O. Box 771108 • 18936 Monastery Drive • Eagle River, Alaska, 99577  
(907) 696-2002 • Fax: (907) 696-5555 • Email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) -  
Parish Council Email [parishcouncil@stjohnalaska.org](mailto:parishcouncil@stjohnalaska.org) • Website: [stjohnalaska.org](http://stjohnalaska.org)  
• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson